

ONE MINUTE MESSAGE

NOISE CANCELLATION (1 Peter 2:2)

A couple of years ago my son got an MP3 player with a pair of headphones that have a “noise cancellation” feature. Here’s how it works. A microphone in the headset picks up nearby noise (such as me telling him to take out the trash) and the built-in processor then sends a sound to the headset at an opposite frequency, thereby canceling out the original sound. When he wears those headphones he hears nothing except the music in his MP3 player. I’ve tried them myself; they’re amazing. You put them on and the noise of the world seems to disappear.

The Bible also has a noise cancellation feature. Whenever your life gets too loud with the criticism of others, or the temptations of the enemy, or the rumbling of your own doubts, going to the Word will negate the noise.

David said, *I have hidden your word in my heart that I might not sin against you. (Psalm 119:11)*

Paul said, *Faith comes by hearing, and hearing by the Word of God. (Romans 10:17)*

Peter said, *Like newborn babes long for the pure milk of the word that by it you may grow in respect to your salvation. (1 Peter 2:2)*

I have learned that the more time I spend in the Word, the less distracted I am by the racket the world makes. Reading God’s Word cancels out the sounds of temptation and doubt and makes it possible to hear the music of spiritual growth.

I challenge you to focus today on listening to God’s Word, not the noise of this world. • **Steve May**

Project Brasil is a Christian ministry located in Rio de Janeiro, Brasil, devoted to bringing the gospel of Christ to poor communities. We offer English courses, computer classes, job training, children’s activities, medical care and spiritual help.

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